

# GOOD NEWS STORIES

*From our North Zone  
Health Neighbourhoods*

## **Sharing the Good News** **Spring 2022 Edition 2**

*"Spring: A lovely reminder of how beautiful change can truly be." - Anonymous*

The North Zone currently has two active Health Neighbourhoods: **Peace Country Health Neighbourhood** and **Wood Buffalo Health Neighbourhood** with a plan to open up a new one near the end of this year!

The Health Neighbourhood model encourages the "new way of working," which is truly collaborative in approach, with Membership representing diverse sectors and identities and co-owning their own work.

This reporting is not about "the numbers" side of the project; instead, **this reporting is about showcasing the local work and warm stories demonstrating grassroots actions, collaboration, and what we feel to be amazing successes** coming from our North Zone Health Neighbourhoods.

"I am happy to support this work as I feel that it brings so much value!"

"*Connect-Relate-Collaborate* allowed for providers and supporters of addictions and mental health services to actually connect. My whole team enjoyed it and want to attend again."



North Zone Health  
Neighbourhood

# Good News in the Neighbourhoods

## Wood Buffalo Health Neighbourhood

- The Addiction & Mental Health (AMH) Mini Working Group hosted the second event of the "**Connect-Relate-Collaborate**" series to a great turnout. Conversations helped to produce a list of local resources and contacts. "Also, there was recognition that there is so much more to 'health'; it's in the community too and we can all be at the table."
- The Transitions in Care (TiC) Mini Working Group team launched the "**It's Okay To Ask**" poster (English and Spanish versions) so that patients in Fort McMurray can feel comfortable in asking their health care providers questions. Own your health!

"I started off feeling a bit negative about the ability to make changes, but seeing the groups in action gives me hope that things can change for the better."

## Peace Country Health Neighbourhood

- The Transitions Mini Working Group has successfully facilitated for **Drive Happiness** (a not-for-profit society that assists people in getting rides to medical appointments) to start-up in the Grande Prairie area. Congratulations, team! A win for the community. The work continues as the group helps promote the service to the public. This group is also looking at empowering patients to be part of their transitions in care conversations.
- The Unattached/Vulnerable Mini Working Group is targeting their **focus on youth (ages 15-25) mental health**. The group is co-developing a survey asking youth what *they* think is priority and partnering with local groups to deliver a resource fair and/or awareness building workshops. This group knows that mental health services for all is important - as well as access to them.

"I am honoured to be apart of the Health Neighbourhood."



North Zone Health  
Neighbourhood

*Get Connected with Us!*

***"Spring is Nature's way of saying LET'S PARTY!" - Robin Williams***

Would you like more information on the  
North Zone Health Neighbourhoods?

Please contact Robyn Laczy:

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"This is one of  
my favourite  
groups to meet  
with."

"Working  
together is more  
about learning  
instead of doing  
things perfectly.  
We just have to  
try things out."



North Zone Health  
Neighbourhood